



**University Hospitals Birmingham**  
NHS Foundation Trust



# Community Learning Disability team

**Building healthier lives**

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# Community Learning Disability Nursing Team

## Who's in the team?

The team consists of registered learning disability nurses and family support nurses. We are based in Shirley and work closely with the Community Children's Nursing team.

## What we do?

We work in partnership with the family/carers to assess need. We provide advice and support on implementation of strategies to enable the child to reach their full potential.

## Who do we provide services to?

Children with moderate - severe learning disabilities and a health need who are 0-18 years of age and registered with a Solihull general practitioner (GP).

## Referral criteria

We accept referrals for children aged 0 - 18 years who have moderate to severe learning disabilities and additional health needs, who are registered with a Solihull GP.

## We can provide support in the following areas:

### Toilet training

We will provide advice/support to parents and carers to enable your child to be trained through the use of techniques, schedules, social stories and reward charts.

## **Behaviour management**

We will assess your child's behaviour, create a plan to decrease inappropriate behaviours and promote positive interactions.

## **Sleep programmes**

We will provide sleep programmes including information on the following: sleep hygiene, implementation of bedtime routines supported by visual schedules, social stories and reward charts.

## **Personal relationships**

We will provide individualised intervention on a one to one basis or with your child and family around puberty, personal hygiene and sexualised behaviour. The work can be supported with social stories and pictorial aids to increase awareness. We undertake puberty workshops within the special schools.

## **Short breaks**

The Community team may carry out an assessment to identify the need for families to receive overnight short breaks at Lyndon House. This is a specialist health provision for children with learning disabilities and additional health needs.

## **Support and advice**

We are happy for you to contact us with any queries you may have. If we are unable to help we will endeavour to signpost you to the appropriate professionals.

## **Parent workshops**

We deliver parent workshops every academic year in all Solihull special schools, on toileting, behaviour, sleep and fussy eating. As well as short puberty courses with students in special schools to support curriculum.

## **Link nurse**

Each academic year one of the learning disability nurses are linked to one of the special schools, Reynalds Cross, Hazel Oak, Merstone and Forest Oak.

The nurse is available to children, parents/carers and staff for advice if needed.

## Contact us

We are based in Shirley, Solihull and help to support children throughout the whole of the Solihull borough.

Our working hours are 9am- 5pm Monday to Friday

The main office number is 0121 746 4443

There is an answer phone facility 24 hours a day. Messages that are left out of service hours will be dealt with the next working day.

For emergencies out of hours service please contact Solar Crisis Team on 0121 301 5500 or Social Services on 0121 605 6060.

## Feedback

We welcome comments and suggestions about how we are doing as we are committed to improving our service. You may be asked to complete a Patient Satisfaction questionnaire during your involvement with the learning disability nurses.

We also offer a Patient Advice Liaison Service (PALS). This is a confidential service for families to help with any questions or concerns about local health services, your nurse will be able to give you further information about these options.

## Useful links

- Solar – [www.solihull-solar.org](http://www.solihull-solar.org) 0121 301 2750
- Autism West midlands [www.autismwestmidlands.org.uk](http://www.autismwestmidlands.org.uk)
- The British Institute of learning Disabilities (BILD) [www.bild.org.uk](http://www.bild.org.uk)
- Signpost Inclusion [www.signpostinclusion.org.uk](http://www.signpostinclusion.org.uk)