

**Well Child Clinics in the North.**

**Venues and Times of Clinics run by the CHELMSEY WOOD Team and contact details are: 0121 329 0118**

Venue	Days and Times
Kingshurst Clinic Marston Drive Kingshurst Bham B37 6BD Tel: 0121 329 1920	Monday 13.00 -15.00

Chelmsley Wood Primary Care Centre Crabtree Drive Chelmsley Wood Birmingham B37 5BU Tel: 0121 329 0118	Tuesday 09.00 -11.00 Wednesday evening 3 <sup>rd</sup> one of the month 17.00 – 19.00
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Land Lane Clinic Land Lane Marston Green Birmingham B37 7DQ Tel: 0121 779 3833	Friday 09.30– 10.30
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Bishop Wilson School Craig Croft Chelmsley Wood Birmingham B37 7TR Tel; 0121 770 3228	Thursday 09.30 – 11.00
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**Clinics run by KINGSHURST Team and contact details are: 0121 329 1920**

Hurst Lane Clinic Hurst Lane North Castle Bromwich Birmingham B36 0EY Tel: 0121 747 2977	Tuesday 13.00 – 15.00
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Smithswood Childrens Centre Wheatfield Close Smithswood Birmingham B36 0QP Tel: 0121 248 7631	Thursday 13.00 – 14.30
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**Clinics run by GROVE ROAD Team and contact details are 0121 705 3814/704-3405**

Grove Road Clinic Grove Rd, Solihull B91 2AQ Tel: 0121 705 3814	Tuesday 09.00 – 11.00
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Hatchford Brook Youth Centre Old Lode Lane Solihull B92 8JE Tel : 0121 743 9412	Thursday 09.30 – 11.00
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**Venues and times of Clinics run by the South Team contact details are 0121 713 8717.**

Shirley Clinic 276, Stratford Rd Shirley, Solihull B90 3AD Tel: 0121 744 2516	Tuesday 13.30 – 15.30
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Shirley Clinic 276 Stratford Rd Shirley, Solihull B90 3AD Tel: 0121 744 2516	Thursday 9.30 – 11.30
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**Venues and times of clinics run by BALSALL COMMON Team contact details are: 01676 536850**

Freshfields Clinic Downing Close, Knowle B93 0QA Tel 01676 536850	Tuesday 09.00-11.00 Tuesday Evening 1 <sup>st</sup> Tuesday of the month 17.00 -19.00
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Balsall Common Health Centre 1 Ashley Dr. Off Hallmeadow Rd Balsall Common CV7 7RA Tel: 01676 536850	Wednesday 9.00 – 11.00
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Health Visitors are experienced, specialist nurses who offer help, information, support and advice to families with pre-school children.

Your health visitor can support you from pregnancy until your child is 5. You will also receive 5 key visits.

When you are around 28 weeks pregnant.

10 – 14 days following the birth of your baby.

When your baby is 6 – 8 weeks old.

A review of your child's development at 9 – 12 months.

A review of your child's development at 2 – 2 and a half years

Health Visitors can offer advice and support on a number of issues, for example breastfeeding and the health and development of babies and children. They can also give advice on a range of lifestyle and health matters that might affect you as well as your baby. These can include healthy diets, stopping smoking and coping with stress. Health visitors can also refer you to other health professionals who may be able to help you.

The Health Visitor can help you gain confidence in caring for your baby in a friendly and supportive atmosphere and attending clinic offers you the chance to meet other families in the early stages of parenthood.

March 2017

Website:

[www.childrenscommunityservices.heartofengland.nhs.uk](http://www.childrenscommunityservices.heartofengland.nhs.uk)

# Health Visiting Service

